Singapore January 2025 Product Guide Cheesy Nacho Bowl Range NUTRITIONAL GUIDE

SUBWAY SINGAPORE NUTRITION INFORMATION January 2025 **Frans fatty acid (g)** Carbohydrates (g) Cholesterol (mg) Dietary Fibre (g) Serving Size (g) Energy (kcal) Sodium (mg) otal Fat (g) Fat (g) Protein (g) Sugars (g) Sat. | **Per Serving** Values include nacho cheese flavoured tortilla chip, tomato, olive, jalapeno **Cheesy Nacho Bowls** pepper, onion, sweet corn, jalapeno cheese sauce, ranch sauce Cheesy Nacho 206 523 6.8 31.2 9.5 0.1 0 52.6 4.8 9.2 1081 243 Loaded Cheesy Nacho (with avocado) 598 7.5 38.6 10.7 0.1 0 55.2 6.8 9.5 1114 Overloaded Cheesy Nacho (with avocado and spicy taco beef) 303 679 12.6 43.3 12.0 0.1 0 59.9 8.0 12.7 1415 Amount on a Subway® Cheesy Nacho Bowl 64 316 4.6 15.5 6.7 0.1 0 38.3 2.8 1.0 406 Nacho Cheese Flavoured Tortilla Chips

Nutrition information compiled using nutrition analysis from approved food manufacturers, independent laboratories and the USDA National Nutrient Database for Standard Reference. The nutrition information listed here is based on standard recipes and product

SINGAPORE NUTRITION INFORMATION January 2025										
Serving Size (g)	Energy (kcal)	Protein (g)	Total Fat (g)	Sat. Fat (g)	Trans fatty acid (g)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fibre (g)	Sugars (g)	Sodium (mg)
Values include nacho cheese flavoured tortilla chip, tomato, olive, jalapeno Cheesy Nacho Bowls pepper, onion, sweet corn, jalapeno cheese sauce, ranch sauce										
100	254	3.3	15.2	4.6	0.0	0	25.5	2.3	4.5	525
100	246	3.1	15.9	4.4	0.0	0	22.7	2.8	3.9	458
100	224	4.2	14.3	4.0	0.0	0	19.8	2.6	4.2	467
100	497 ories and th	7.3 ne USDA Na	24.3	10.6	0.1	0 dard Refere	60.2	4.4	1.6	639
	Values pepper 100 100 100	(a) (b) (c) (c) (c) (c) (c) (c) (c) (c	(b) (c) (c) (c)	(i) (i) <td>Janual (b) (c) (c) (c) <td>January 20 (a) (b) (c) (c)</td><td>January 2025 Image: Strate Str</td><td>January 2025 (a) <th< td=""><td>January 2025 (a) <th< td=""><td>January 2025 January 2025</td></th<></td></th<></td></td>	Janual (b) (c) (c) (c) <td>January 20 (a) (b) (c) (c)</td> <td>January 2025 Image: Strate Str</td> <td>January 2025 (a) <th< td=""><td>January 2025 (a) <th< td=""><td>January 2025 January 2025</td></th<></td></th<></td>	January 20 (a) (b) (c) (c)	January 2025 Image: Strate Str	January 2025 (a) (a) <th< td=""><td>January 2025 (a) <th< td=""><td>January 2025 January 2025</td></th<></td></th<>	January 2025 (a) (a) <th< td=""><td>January 2025 January 2025</td></th<>	January 2025 January 2025

ALLERGEN GUIDE

Singapore Ingredient Information for People with Food Allergies and Sensitivities January 2025 This list is compiled based on product information provided by Subway® approved food manufacturers. Every effort is made to keep this information current however it is possible that ingredient changes and substitutions may occur before this list is updated. This chart does not include regional or special promotional items as ingredients vary. We go to great lengths to identify allergens in the food we prepare. However, we are unable to guarantee that any items sold are free from the listed allergens. There is always a risk that allergens may be transferred to items from our menu during processing, storage o preparation in our restaurants. Individual food items may come into contact with one another and this is not reflected on the Allergen Guide **Cereals with Gluten** Nitrites/Nitrates Autolyzed Yeast Hydrolyzed Prot Crustaceans Milk/Lactose 10mg/kg **Tree Nuts** Sulphites Molluscs Sesame Peanut Eggs Fish Soy Ň Values include nacho cheese flavoured tortilla chip, tomato, olive, jalapeno pepper, **Cheesy Nacho Bowls** onion, sweet corn, jalapeno cheese sauce, ranch sauce Cheesy Nacho ٠ . • ٠ Loaded Cheesy Nacho (with avocado) • • • ٠ * Overloaded Cheesy Nacho (with avocado and spicy taco beef) • • • • Nacho Cheese Flavoured Tortilla Chips . Contains Autolyzed yeast and hydrolyzed protein can cause a similar sensitivity that MSG (monosodium glutamate) causes * May contain

INGREDIENT GUIDE

This list is compiled based on product information provided by Subway® approved food manufacturers. Every effort is made to keep this information current however it is possible that ingredient changes and substitutions may occur before this list is updated. This list does not include regional or special promotional items as ingredients vary.

This ingredients list and allergen statement is based on promotional items only. For information on the other menu items that make up the whole build please refer to the Product Ingredients Guide for the standard menu.

Doritos Nachos Cheese Flavoured Tortilla Chips

Ingredient Statement: Corn 68%, Palm Olein, Nacho Cheese Seasoning (Maltodextrin, Cheese, Iodised Salt, Flavour Enhancers (Monosodium Glutamate, Disodium 5'-Ribonucleotide), Whey Protein Powder, Whey Powder, Onion Powder Tomato Powder, Skimmed Milk Powder, Natural Cheese Flavour, Anticaking Agents (Silicon Dioxide, Calcium Silicate), Paprika Extract, Sunflower Oil, Dextrose, Sugar, Lactose, Stabiliser (Sodium Phosphate Dibasic), Acidity Regulator (Citric Acid), Garlic Powder, Black Pepper Powder). **Contains: Milk.**