



# Singapore January 2025 Product Guide

## Cheesy Nacho Bowl Range

### NUTRITIONAL GUIDE

 <span style="float: right;">SINGAPORE NUTRITION INFORMATION January 2025</span>											
Per Serving	Serving Size (g)	Energy (kcal)	Protein (g)	Total Fat (g)	Sat. Fat (g)	Trans fatty acid (g)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fibre (g)	Sugars (g)	Sodium (mg)
<b>Cheesy Nacho Bowls</b> Values include nacho cheese flavoured tortilla chip, tomato, olive, jalapeno pepper, onion, sweet corn, jalapeno cheese sauce, ranch sauce											
Cheesy Nacho	206	523	6.8	31.2	9.5	0.1	0	52.6	4.8	9.2	1081
Loaded Cheesy Nacho (with avocado)	243	598	7.5	38.6	10.7	0.1	0	55.2	6.8	9.5	1114
Overloaded Cheesy Nacho (with avocado and spicy taco beef)	303	679	12.6	43.3	12.0	0.1	0	59.9	8.0	12.7	1415
Amount on a Subway® Cheesy Nacho Bowl											
Nacho Cheese Flavoured Tortilla Chips	64	316	4.6	15.5	6.7	0.1	0	38.3	2.8	1.0	406

Nutrition information compiled using nutrition analysis from approved food manufacturers, independent laboratories and the USDA National Nutrient Database for Standard Reference. The nutrition information listed here is based on standard recipes and product

 <span style="float: right;">SINGAPORE NUTRITION INFORMATION January 2025</span>											
Per 100g	Serving Size (g)	Energy (kcal)	Protein (g)	Total Fat (g)	Sat. Fat (g)	Trans fatty acid (g)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fibre (g)	Sugars (g)	Sodium (mg)
<b>Cheesy Nacho Bowls</b> Values include nacho cheese flavoured tortilla chip, tomato, olive, jalapeno pepper, onion, sweet corn, jalapeno cheese sauce, ranch sauce											
Cheesy Nacho	100	254	3.3	15.2	4.6	0.0	0	25.5	2.3	4.5	525
Loaded Cheesy Nacho (with avocado)	100	246	3.1	15.9	4.4	0.0	0	22.7	2.8	3.9	458
Overloaded Cheesy Nacho (with avocado and spicy taco beef)	100	224	4.2	14.3	4.0	0.0	0	19.8	2.6	4.2	467
Nacho Cheese Flavoured Tortilla Chips	100	497	7.3	24.3	10.6	0.1	0	60.2	4.4	1.6	639

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